

Indoor Netball

Type of team Ladies Mixed

Team Name _____

Contact _____ Ph Home _____ Work _____

Email _____ Mobile _____

Address _____ Postcode _____

Conditions of entry into our competitions.

- 1. Team Charge of \$91 per game.
- 2. Team registration of \$91 payable before entry into competition.
- 3. All players play at their own risk (no insurance) and accept the playing condition outlined in the centre policy. It is suggested that players should be covered by their own private insurance. The stadium does not insure any players.
- 4. A completed player registration form must accompany this nomination. Extra players may be added at a later date.

Signed _____ - Dated _____

Scheduling Preferences

We will endeavor to fill your request of playing times to the best of our ability.

6.40pm 7.15pm 7.50pm 8.25pm 9.00pm 9.35pm

Comments _____

Team Data Re nomination Previous Team Name _____

New Team Number of players Experienced ____ Inexperienced ____

Playing level: Social Competitive but fun Serious

How did you hear about Moorabbin Indoor Sports?

Internet Word of mouth Local Paper Signage Friends play here

Other _____

Captain Details:

 Date of Birth
 / /

 Mobile Number:
 04 - -

 Email:

 Address:

Vice Captain Details:

 Date of Birth
 / /

 Mobile Number:
 04 - -

 Email:

 Address:

Other Players Details:

 Date of Birth
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 Mobile Number:
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 Date of Birth
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 Mobile Number:
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MOORABBIN INDOOR SPORTS: NETBALL RULES

2/117 Cochranes Rd Moorabbin 3189, 95553900, www.mitennis.com.au, info@mitennis.com.au

NETBALL RULES

GAME SUMMARY

1. Teams consist of 7 players. In the case of mixed teams, a team can consist of no more than 3 males per team.
2. A game consists of 2 x 13 minute halves
3. All nets are in play except the back net.
4. Teams compete in finals at the end of each season.
5. All teams must wear correct uniforms.
6. A winning team receives 4 points, draw team 2 points and 0 points for a loss.
7. Bad language, bad behaviour, bad organization or bad manners will not be tolerated.

RULES SUMMARY

Netball Victoria (NV) rules apply. A copy of these rules is available from the centre manager.

The following rules will also apply to ensure that you get maximum enjoyment out of your game:

1. Each team consists of 7 players and 3 emergencies. In the case of mixed netball, each team must have 3 males and 4 females. The minimum number a team can take the court with is 5 players.
2. **Nets:**
 - Side nets shall form part of the playing area. **Back nets are out.** If the ball hits the back net a "pass in" will be awarded to the opposition team
 - An untouched ball onto the side net from the centre pass will be "play on". No untouched penalty applies at this centre.
 - **THE NETS MAY NOT BE TOUCHED BY A PLAYER. A FREE PASS WILL BE GIVEN TO OPPOSITION IF NET IS TOUCHED.**

A player may not zone a player on the net. This will be deemed to be blocking or

screening a player and a penalty awarded to the non-offending player.

- In general play, a player may not take up a position to interfere or block an opposition player. Zoning is legal, make sure you know the difference between zoning and obstruction by blocking.
3. Players must have played one third of your teams fixtured games to be eligible to play in finals.
 4. Any player engaging in disorderly conduct shall receive one warning. If behaviour continues they shall be sent from the court and shall not resume play until the completion of the quarter, or when permitted back on court by the umpires.
 5. Mixed allows for a maximum of 3 males. Male players cannot take up both shooting (GS, GA), or both defending (GK, GD) positions at the same time in any game.
 6. **General dress code:** All teams are to wear matching colour uniforms. Male players are to wear shorts which are to be the same colour. Female players are to wear matching coloured skirts and shorts. No track suit pants are allowed unless special permission from management is obtained. Bike pants are allowed, a uniform penalty of -1 goal per player out of uniform.
 7. Jump shots are not allowed, a shooter must have at least one grounded foot whilst shooting (This is strictly at umpires discretion).

8. **Substitution:** The substitution of players is only permitted at the end of each half, or in the event of an injury. A maximum of 3 players may be substituted per game, per team.
9. A defending player may not cause the goal post or net to move so as to interfere with the shot at goal. Should this occur, a penalty pass or shot is awarded from where the infringing player was standing, unless this places the shooter at a disadvantage.
10. **Netball blood policy:** When an umpire notices a player bleeding, play is stopped and the bleeding player will be asked to leave the court. This position will remain vacant for the duration of the time that the bleeding player is off the court. The exception to this rule is if the centre player leaves the court due to bleeding, the affected team may then change a player into the centre position. When the bleeding player returns to the court, players must change back to their original positions.
11. **Late Starts:** Teams receive 2 minutes without penalty. Each minute late after this is penalized 1 goal per minute.

FAST 5 RULES

GAME SUMMARY

1. Teams consist of 5 players, however you cannot have more than 2 males on court at any one time.
2. A game consists of 4 x 8 minute quarters.
3. All nets are in play **INCLUDING BACK NET.**

4. Player positions are C, GA, GD, GS and GK.
5. Positions are restricted to: C = Full court except goal circles.
 GA = Full court except defending goal circle.
 GD = Full court except attacking goal circle.
 GS = Attacking half
 GK = Defending half.
6. C may shoot from outside circle for 2 points
7. At the start of each quarter for the centre pass, GS and GK must be in the goal circle.
8. Substitutions can be made at the end of each quarter.
9. After a goal is scored, the re-start pass must be taken by the GK, the GK must stand behind the line under the goal, and the first pass to re-start play cannot pass the centre line.
10. 2 males cannot play GS and GA, or GK and GD.
11. OVER A HALF: The pass will be deemed over a half if:
 - The ball is thrown from before the half way line of the court to the back net without being touched.
 - The ball is thrown from the GK directly after a goal is scored to the attacking half without first being touched.

12. A shot that goes through the ring after hitting the back net is a successful shot.

GENERAL

If the left foot lands in the goal circle (grounded foot), and the right foot lands outside the goal circle, the player cannot come back into the goal circle and shoot, ie, must pass.

BEHAVIOUR CODE

The umpire's interpretation of any rule shall be final. Any player removed from the court must not enter the game until the completion of that half, or at the umpire's discretion.

Note: Any player sent from the court should not normally be allowed back on court. There are no substitutions allowed for a player sent from the court.

Futsal – NETBALL – SOCCER – Tennis - Basketball

2/117 Cochranes Rd, Moorabbin, Vic, 3189. Telephone: **9555 3900** Email info@mitennis.com.au

www.mitennis.com.au

Moorabbin Indoor Tennis Centre and Moorabbin Indoor Sports – All Sports Policy

Vision Statement

- We aim to create a happy environment where people can play both competitively and socially; laughter is encouraged; the whole community is given an opportunity to participate and everyone has an enjoyable time playing various sporting contests. Respect to your opponent and referee is to be given at all times. Unruly and aggressive behaviour will not be tolerated and removal from the complex may be enforced.

Centre Rules & Regulations

- A Centre Manager / coordinator shall be on duty in the complex during all hours of operation or whenever the complex is open to the public.
- The Centre Manager / Coordinator or his/her appointee may implement, any action deemed necessary to protect the health and welfare of the public, employees or the complex.
- By attending and playing sport at Moorabbin Indoor Tennis Centre and Moorabbin Indoor Sports, I agree that Moorabbin Indoor Tennis Centre and Moorabbin Indoor Sports, its directors and employees are to be free and clear of all responsibility whatsoever for any accident or illness during the applicants participation in any activities, provided that Moorabbin Indoor Tennis Centre and Moorabbin Indoor Sports have taken all reasonable care and supervision.
- As all the sports that we offer are active in nature and with moving equipment, participants need to be aware that injuries may occur and players play at their own risk. **Please note** that there is no personal accident insurance. All patrons are strongly advised to have their health insurance and ambulance cover.
- I authorise the Moorabbin Indoor Tennis Centre and Moorabbin Indoor Sports, its directors and employees to obtain such necessary medical assistance as is required and agree to meet the expense attached thereto.
- Only Moorabbin Indoor Tennis Centre and Moorabbin Indoor Sports Tennis Coaches are authorized to teach at the facility. Outside Tennis Coaches will be asked to leave the complex.
- Centre management reserve the right to change / alter or remove court availability at any time.
- Appropriate attire must be worn on the court while playing.
- Shirts must be worn.
- Athletic shoes are required on all courts, dress shoes are not allowed.
- The Centre is a Smoke free zone.
- Alcoholic beverages are not permitted in the Centre.
- Drinks are permitted on the courts, but no chewing gum or food is permitted. Please remove all rubbish from your court on existing.
- Profanity, loud noises, racquet throwing, abuse of Centre property, etc. will not be tolerated. Failure to comply will result in suspension from the complex.
- If anyone at any time behaves disrespectfully toward others, they will be asked to leave the complex. Depending on the severity of the behaviour, individuals may be banned from any future use of the complex.

- All participants and/or groups using the complex shall be responsible for any personal items brought into the facility and shall remove same at the end of each scheduled use time.
- All Moorabbin Indoor Tennis Centre and Moorabbin Indoor Sports owned equipment will be returned to its designated place within the complex with or without the direction of the Coordinator.
- No animals of any kind except those serving the needs of the disabled are permitted in the complex.

Services

- The Centre provides a wide range of activities including social netball, soccer and futsal competitions for adults and juniors. Tennis coaching and casual court hire. Sport birthday parties, and school sport activities.

Court Use

- When claiming a court, wait until the exiting players have finished a point or rally before entering.
- As a courtesy to players with a reservation following yours, please be ready to exit a court at the exact end of your reserved time.
- Do not enter adjacent courts (when in use) to retrieve stray balls. Wait until your neighbouring players have finished a point, and then ask them to return your ball.
- Persons/groups using the facility shall be responsible for the breakage, loss or damage to the facility and equipment and shall bear the full replacement cost for such breakage, loss, or damage.
- Please ensure you are on time and ready to go for your allocated time, as there will be bookings after your time slot.

Pro Shop

- No outside vendors may provide and/or sell goods and/or services at the Tennis Centre without prior approval from the Centre Manager / Coordinator.
- Racquets will be available for rent at the pro shop. Baskets of tennis balls are NOT available.